### New Community Chevra Kadisha of Greater Pittsburgh Taharah Liturgy for a Male

Revised December 12, 2021/8 Tevet 5782

Our *chevra* attends to the dignity of the *mayt* (deceased) as well as to the safety of *chevra* team members.

During times of health risk and/or concern for members' well-being, we might quietly perform the physical tasks of the *taharah mitzvah* in-person while remotely reading and singing our liturgy primarily led by members on Zoom. Both the in-person members and those on Zoom are equally performing the *mitzvah*. When the team is both in-person and remote, the in-person *Rosh* and VIrtual Leader should coordinate their efforts ahead of time.

No matter the circumstances, all the members should afford themselves the opportunity to read the obituary of the *mayt*, learn his English/Hebrew names including those of his parents, arrive on time and focus on the task at hand.

In-person members should follow all PPE standard operating procedures explained in the appendix including using a minumum number of copies of the manual that will be placed in the coffin with the *mayt* and minimizing talking/singing that might spread germs.

Remote members should remove all distractions such as cell phones, computer programs, and the like. They can consider washing their hands at appropriate times and symbolically pouring water from one vessel into another at the time of the purification.

We feel blessed to continue with the *mitzvah* of *chesed shel emet* (ultimate kindness for the deceased) during difficult times, with our hands, with our voices, with our *kavanah* (intention), and with our hearts.

Please use your discretion in following directions based on best practices regarding the health of the members of the *chevra*.

### In Preparation for Washing and Purifying

In the taharah room we complete preparations: set out supplies from the kit, lay out the tachrichim; put a handful of straw in the pillowcase; set out clean sheets & towels; fill 3 pails with a small amount of warm water & wash cloths; set out 3 watering cans for the pouring of water. We then leave the room.

We now dedicate our attention to the deceased.

We might begin with the virtual or in-person team lighting a candle (whether with flame or light bulb) to represent the soul of the deceased. We begin before entering the room in which the taharah will take place with the following aspirations.

May we be guided by the wisdom of our ancestors as we perform the holy work of *taharah* and be inspired by the call to serve in these moments. May this *mayt* be sheltered under the wings of the *Shechinah*, the Divine Presence, and guided on his way. May we all be grounded in our holy task by the light and love of each other and of being in sacred community together.

\* \* \* and/or \* \* \*

Source of Kindness and Compassion, whose ways are ways of mercy and truth, You have commanded us to act with loving-kindness and righteousness toward the dead, and to engage in their proper burial.

Grant us the courage and the strength this holy task of washing	
purifying and dressing him in shrouds,	
all in preparation for	
Forgive us for any errors we may community Guide our hands and hearts as we do and enable us to fulfill the commandment	this work,
Help us see You ineven as we see You in each others' fac	
Source of Life and Death, be with us n	ow and always.
son of/ben	and/ <i>v</i> '
we ask your forgiveness for any distress we may cause you	

We will do everything possible to ensure that you are treated with respect as we prepare you for your final journey according to the traditions of our People.

during this *taharah*.

Everything we are about do is for the sake of your honor.

### For Compassion and Forgiveness on Behalf of The Deceased

	מְקוֹר חַיֵּי הָעוֹלַמִים, חֲמוֹל עַל
,האֱת הַאֱה,	<del>]</del>
•	שֶׁהוּא בֵּן אַבְרֶהָם, יִצְחָק, יַעֲקֹב,
	שָׂרָה, רִבְקָה, רָחֵל, לֵאָה, בִּלְהָה וְזִלְפָּה
	שֶׁהַלְכוּ אֲחָרֶידָּ בֶּאֱמוּנָה.
נָחנוּ נִהָיֶה מַעְגַל מַלְאֲבֵי רַחֲמִים.	יְהִי רָצוֹן מִלְפָנֶידָּ, אֱלֹהֵינוּ וְאֵלֹהֵי אֲבוֹתֵינוּ וְאִמּוֹתֵינוּ, שֶׁאֲנְ
	הוּא עַבְדְדְ בֶּן הוֹרֵיו.
	תַנוּחַ נִשָּׁמָתוֹ בִּשָּׁלוֹם עִם כָּל הַדּוֹרוֹת,
	ַבָּי סוֹלֵחַ וּמוֹחֵל פִּשִּׁעֵי הַמֵּתִים אַתָּה. בִּי סוֹלֵחַ וּמוֹחֵל פִּשָּׁעֵי הַמֵּתִים אַתָּה.
	יָהִי רָצוֹן, אֱלֹהֵינוּ וְאֵלֹהֵי אֲבוֹתֵינוּ וְאִפּוֹתֵינוּ,
	ָּשֶׁתְצְרוֹר אֶת הַמֵּת בְּאֲהָבָה אֵלֶידָ. שֶׁתִצְרוֹר אֶת הַמֵּת בְּאֲהָבָה אֵלֶידָ.
	בָּרוּדְ אַתָּנֶה יְיָּי, בָּרוּדְ אַתָּנָה יְיָּי,
	בָּיִירִי בִּיבָּירִי יְּיָּרְ הַנּוֹתֵן אָהֲבָה גְּדוֹלָה לְמַתֵי עַם יִשְׂרָאֵל.
M'kor Cha'yay ha'Olameem, chamol al	
shehu ben Avraham, Yitzchak, Ya'akov,	hamayt hazeh,
Sarah, Rivkah, Rachel, Lay'ah, Bilhah v shehalchu acharecha b'emunah.  Y'hee ratzon milfanecha Elohaynu v'Eloshe'anachnu ni'hyeh ma'agal mal'achay  hu av'd'cha ben horav.  Tanuach nishmato b'shalom eem kol ha kee solay'ach umochel pish'ay hamayte Y'hee ratzon Elohaynu v'Elohay avotayn	day avotaynu v'eemotaynu, v rachamim. dorot, em Atah. nu v'eemotaynu ,
sheh'teetz'ror et hamayt ba-ahavah ayle Baruch Atah Adonai, hanotayn ahavah g	
Source of Life for all Worlds, have comp son of/ben	
and of Abraham, Isaac, Jacob, Sarah, Rebecca, Rachel, Leah, Bilhah a who faithfully followed You.	and Zilpah,
May it be Your will, our God and God of that we serve as a circle of divine compa	·
	son of his parents.
May his soul rest with those of all general because You forgive and pardon the mis	·
May it be Your will, our God and God of	
that You will bind to	
Blessed are You <i>Adonai</i> ,	deed of the Decule of law 1
the One who gives abundant love to the	dead of the People of Israel.

### **Washing of The Deceased**

(Please use your discretion in following these directions based on best practices regarding the health of the members of the *chevra*.)

As the deceased is uncovered and examined, we recall Zechariah's words (6th Century BCE).

וְיהוֹשֵׁעַ הָיָהְ לָבֵשׁ בְּגָדֵים צוֹאֵים וְעֹמֵד לִפְנֵי הַמַּלְאֶדְ. וַיַּעַן וַיֹּאמֶר אֶל־הָעְמְדֵים לְפָנָיוֹ לֵאמֹר, "הָסֵירוּ הַבְּגָדִים הַצֹּאִים מֵעָלָיִו." וַיֹּאמֶר אֵלָיו, "רְאֵה הָעֱבַרְתִּי מֵעָלֶידּ עֲוֹנֶדְ וְהַלִבֵּשׁ אִתִּדְּ מַחַלַצִּוֹת."

Vee'y'hoshua hayah lavush b'gadeem tzo'eem v'omayd lifnay hamalach. Ya'ya'an vayomer el ha'omdeem l'fanav laymor, "Haseeru hab'gadeem hatzo'eem may'alav."

Vayomer aylav,

"R'ay he'evartee meh'alecha avonecha v'halbaysh ot'cha machalatzot."

Now Joshua the High Priest was dressed in dirty clothes as he stood before the angel.

The angel said to those who were standing before him,

"Take off his dirty clothes."

Then he said to Joshua, "See, I have taken away your sin, and you shall be dressed in priestly garments." (Zechariah 3:3-4)

\* \* \* and/or \* \* \*

As before birth you were surrounded by water, now as you depart this world we bathe you in water.

### Consider singing or humming:

- אֶשְׂיָא עֵינֵי אֶל־הֶהָרֵים מִאַיִן יָבְא עֶזְרְיִי עֶזְרִי מֵעֵם יי עִשִּׁה שָּׁמַיִם וָאָרֶץ. Esa aynai el hehareem mey'ayin yavo ezree? Ezree me'eem Adonai oseh shamayeem va'aretz.

> I lift up my eyes to the hills where does my help come from? My help comes from *Adonai*, the Maker of heaven and earth. Psalm 121

As the deceased is washed, we recite words acknowledging the physical beauty of the human body from Song of Songs, a love poem analogizing human love with the love between God and the People of Israel.

Rosho ketem paz,
k'vutzotav taltaleem sh'chorot ka'orayv.
Ainav k'yoneem al afeekay-mayeem,
rochatzot bechalav, yoshvot al-meelayt.
L'cha'yav ka'arugat haboshem
meeg'd'lot merkacheem.
Siftotav shoshaneem notfot mor ovayr.
Yadav g'leelay-zahav
m'mula'eem batarsheesh.
May'av eshet shayn m'ulefet sapeereem.
Shokav amuday-shaysh
m'yusadeem al'adnay-faz.
Marayhu kal'vanon bachur ka'arazeem.
Cheeko mamtakeem v'chulo machamadeem.
Zeh dodi v'zeh rayee b'not Yerushalayeem.

רֹאשׁׁו בֶּתֶם פָּז, קְנֵצוֹתָיוֹ תַּלְתַּלִּים שְׁחֹרוֹת כָּעוֹרֶב. עִינְיוֹ כְּיוֹנִים עַל־אֲבְּיִם מְיִם, רְחֲצוֹת בְּיוֹנִים עַל־אֲבְית עַל־מִלֵּאת. לְחָיָוֹ בְּעְרוּגַת הַבּּשֶׁם מִנְיוֹ גְּלִילֵי זְהָב מִנְיוֹ עֲמֶוֹדִי שֵׁשׁ שוּקִיוֹ עַמְּוּדִי שֵׁשׁ מִרְאֵהוֹ בַּלְּוֹ מְחָבִים.

His head is purest gold,
his hair is wavy and black as a raven.
His eyes are like doves by the water streams,
washed in milk, mounted like jewels.
His cheeks are like
beds of spice yielding perfume.
His lips are like lilies dripping with myrrh.
His arms are rods of gold set with topaz.
His body is like polished ivory
decorated with lapis lazuli.

His legs are pillars of marble set on bases of pure gold.
His appearance is like Lebanon, choice as its cedars.
His mouth is sweetness itself; he is altogether lovely.
This is my beloved, this is my friend, daughters of Jerusalem.
(Song of Songs 5:11-16)

\* \* \* and/or \* \* \*

While the head is bathed:

"Blessed is your head that housed your thoughts, words, dreams and visions." While the neck is bathed:

"Blessed is the neck that held your head and was a bridge between your head and body."

While the right arm and hand are bathed:

"Blessed are your arm and hand that labored in your life – shaping and touching and reaching out."

While the right torso is bathed:

"Blessed are your shoulder, chest and abdomen that held your organs of breath and life."

While the right leg and foot are bathed:

"Blessed are your leg and foot that supported and carried you on your path." While the left arm and hand are bathed:

"Blessed are your arm and hand that opened in friendship and received the gifts that life offered."

While the left torso is bathed:

"Blessed are your shoulder, chest and abdomen that held your vital organs.

Blessed is your heart, the vessel of feeling, beat after beat after beat."

While the left leg and foot are bathed:

"Blessed are your leg and foot that enabled you to journey on your path." While the back of the body is bathed:

"Blessed is your spine which has held you and carried your vital energy."

(Please use your discretion in following these directions based on best practices regarding the health of the members of the *chevra*.)

Dry the deceased and the table. Dip wood boards in water and place them under him in such a way that there is space between the mayt and the table for the water to flow.

Cover him with a clean and dry sheet.

Remove your gloves, wash your hands and place new gloves on your hands.

# Studying in Preparation for The Purification The Spiritual Power of Water

Mishnah Yoma 8:9

Amar Rabbee Akeeva,
"Ashraychem Yisrael
Leefnay mee atem m'tahareen?
U'mee m'tahayr etchem?"

אָמַר רַבִּי עֲקִיבָּא, אַשְׁרִיכֶם יִשְׂרָאֵל לִפְנֵי מִי אַתֶּם מִטַּהֲרִין! וּמִי מִטַהֵר אֵתִכֵם!"

Rabbi Akiva says:

"Fortunate are you O Israel! Before whom do you purify yourselves? And who purifies you?"

אַבִיכֶם שֶׁבַּשֶּׁמֵיִם!

שֶׁנֶּאֲמַר, "וְזָרַקְתִּי עֲלֵיכֶם מַיִם טְהוֹרִים וּטְהַרְתֶּם." (יחזקאל לו) וְאוֹמֵר, "מִקְוֵה יִשְׂרָאֵל יְיָ." (ירמיה יז)

ַמַה מִּקְנֶה מְטַהֵר אֶת הַשְּמֵאִים, אַף הַקָּדוֹשׁ בָּרוּדְ הוּא מְטַהֵר אֶת יִשְׂרָאֵל.

Aveechem sheh'ba'shamayeem!

Sheh'ne'emar, "V'zaraktee alaychem mayeem t'horeem u't'hartem."

V'omer, "Mikveh Yisrael Adonai."

Mah mikveh m'taher et ha't'mayeem, af haKadosh Baruch Hu m'taher et Yisrael.

Your Father in Heaven!

As it is said:

"I will pour pure water upon you and you will be purified" (Ezekiel 36:25), and it is further said:

"The hope of Israel is Adonai" (Jeremiah 17:13).

just as a mikveh purifies the impure

so too does the Holy One of Blessing purify Israel.

מַעִיַן גַּנִּים בָּאֵר מַיִם חַיִּיֶם וְנֹזְלִיָם מִן־לְבָנְוֹן.

Ma'ayan gan'neem b'ayr mayeem chayeem v'nozleem meen l'vanon.

You are a spring fountain, a well of flowing water streaming down from Lebanon. (Song of Songs 4:15)

\* \* \* and/or \* \* \*

To midwife the soul is the purpose of *taharah*. As the central element of this ritual, the spiritual phase is perhaps one of the most significant.... It is the goal to purify the deceased through the transformative power of water. We simulate this act with a continuous pouring of water. (Adapted from <u>To Midwife a Soul</u> by Richard A. Light.)

#### The Purification

(Please use your discretion in following these directions based on best practices regarding the health of the members of the *chevra*.)

#### Order of pouring:

Right side—Left side— Head-to-toe down the center. Pour water in one direction only, with a continuous stream. The Rosh covers the mouth during pouring.

The <u>virtual team</u> can simulate pouring the taharah water from one vessel to another.

As we pour three measures of water, the following is recited.

## טָהוֹר הוּא

Tahor Hu He is pure

## טָהוֹר הוּא

Tahor Hu He is pure

## טָהוֹר הוּא

Tahor Hu He is pure

Consider singing or humming as you dry the deceased:

אֱלֹהַי, נְשָׁמָה שֶׁנָּתַתָּ בִּי טְהוֹרָה הִיא. אַתָּה בְרָאתָהּ, אַתָּה יְצַרְתָּהּ, אַתָּה נְפַחְתָּהּ בִּי, וְאַתָּה מְשַׁמְּרָהּ בְּקֹרְבִּי.

Elohai, neshamah sheh'natata bee t'horah hee. Atah varatah, Atah yatzartah, Atah n'fachtah bee, v'Atah m'shamrah b'keerbee.

My God, the soul that You gave me is pure. Your created it, You formed it, You placed it within me, and you guard it within me.

### **Dressing**

We have now completed the pouring ritual of *taharah*, and will dress you, [English/Hebrew name], in plain white garments.

According to the *Zohar*, the *tachreecheem* correspond to "*chalukkah d'rabbana*" – the robe of the sages, woven from a person's *mitzvot* that he fulfilled while alive.

Before dressing the deceased in shrouds, we recall Isaiah's words (8th Century BCE) of being clothed in salvation.

שַׁוֹשׁ אָשִׁישׁ בַּיי תָּגֶל נַפְשִׁי בֵּאלֹהַי. כַּי הִלְבִּישׁׁנִי בִּגְדִי־לֶּשַׁע, מְעֵיל צְדָקָה יְעָטָנִי בֶּחָתָן יִכַהֵן פָּאֵר וְכַכַּלָּהָ תַּעְדֵּה כֵלֵיהָ.

Sos asees b'Adonai; tagayl nafshieeb'Elohai. Kee heelbeeshanee beegday yesha, m'eel tzedakah y'atanee k'chatan y'chahain p'ayr v'cha'kalah tadeh chayleha.

I delight greatly in Adonai; my soul rejoices in my God. For God has clothed me with garments of salvation, and arrayed me in a robe of God's righteousness, as a bridegroom adorns his head like a priest, and as a bride adorns herself with her jewels. (Isaiah 61:10)

The following selections are from Leviticus, describing how Aaron, the High Priest (13th Century BCE), was dressed.

As the k'tonet - tunic is placed on the deceased, say:

K'tonet bad kodesh yeelbash... בְּרֶעֶת־בַּּד קוֹדֶשׁ יִלְבָּשׁ... He shall wear a holy linen tunic...

As the *michnasayim* - pants are placed on the deceased, say:

...umeech'n'sey-vad y'h' yu al-b'saro... וּמְכְנְסֵי־בַדֹּ יִהְיֵּוּ עַל־בְּשָּׁרוֹ... ...and linen pants will be upon his flesh...

The kittel - robe with collar is placed on the deceased.

As the avnet - sash is placed on the deceased, say:

...uv<sup>'</sup>avnayt bad yachgor... הּבְאַבְנֵט בַּד ֹיַחְגֹּר... ...he will tie a linen sash...

As the *mitznefet* - hood is placed on the deceased, say:

...uv'meetznefet bad yeetznof. אַרְבָּמְצְנֶבֶּנֶת בַּדְ יִצְנֶרָ...

... and he will place a linen turban.

When the deceased is fully dressed in the shrouds, conclude with these words.

...בּגְדֵי־קַדֶשׁ הֵׁם. וְרָתַץ בַּמַּיִם אֶת־בְּשָּׂרוֹ וּלְבֵשְׁם.

...beegday-kodesh hem. V'rachatz bamayeem et-b'saro ul'vaysham.

...these are the holy garments. He will wash his flesh and then put them on. (Leviticus 16:4)

As Jacob said to his sons before they returned to Egypt:

וְאֵל שַׁדִּׁי יִתֵּן לְכֵם רְחֵמִים...

V'El Shaddai yeetayn lachem rachameem...

May God Almighty, the God of Motherly Love, give you mercy, motherly compassion... (Genesis 43:14)

<sup>8 -</sup> New Community Chevra Kadisha of Greater Pittsburgh - Male - Revised December 12, 2021

### **Laying to Rest**

Position the deceased and the coffin with feet facing the door.

Lay out the sovayv (wrapping sheet) and tallit in the coffin.

Place straw at the head and Israel soil in the coffin.

Recall the Psalmist's understanding of how God is compassionate.

וְהַוּא רַחׄוּם יְכַפֵּר עָוֹן וְלֶא זַּשְׁתִית. וְהִרְבָּה לְהָשִׁיב אַפִּוֹ וְלָא־יָעִיר כָּל־חֲמָתְוֹ.

V'Hu rachoom y'chaper avon v'lo yash'cheet. V'heerbah l'hasheev apo v'lo ya'eer kol chamato.

God, the Compassionate One, will atone for transgression and will not destroy. God repeatedly turns back anger, and does not arouse wrath. (Psalm 78:38)

Place the deceased in the coffin.

Sprinkle soil from Israel on his eyes, heart and genitals beneath the tachrichim.

Place shards on his eyes. Recover his face.

Straighten all of the shrouds and wrap him in the tallit and sovayv (wrapping sheet).

Close the coffin.

Consider humming Yerushalayim shel Zahav or HaTikvah.

Recall the way we treated the Ark of the Covenant (13th Century BCE).

ָוְלְא־יָבַּאוּ לִרְאֶוֹת כְּבַלַעַ אֶת־הַקּדֶשׁ וָמֵתוּ.

V'lo yavo'u leerot k'vala et hakodesh vamaytoo.

They shall not come to see the covering of the holy lest they die. (Numbers 4:20)

Stand near the coffin and place a gentle hand on it as we recall the place of repose of Solomon (10th Century BCE).

הְנֵּה! מִּטָּתוֹ שֶׁלִּשְׁלֹמֹה, שָׁשָּׁים גִּבּּרָים סְבַיב לָהָ, מִגָּבֹּרֵי יִשְׂרָאֵל, כֻּלָם אֲחֲזֵי הֶׁרֶב מְלַמְדֵי מִלְחָמָה, אַישׁ חַרְבּוֹ עַל־יְרַכֹּוֹ, מִפַּחֵד בַּלִּילִוֹת.

Heenayh! Meetato shelee-Sh'lomoh, sheesheem geebureem saveev lah, m'geeborey Yisrael, kulam achuzay cherev, m'lumday meelchamah, eesh cherbo al-y'raycho, m'pachad balaylot.

Look! It is Solomon's carriage, escorted by sixty warriors, the noblest of Israel, all of them wearing the sword, all experienced in battle, each with his sword at his side, prepared for the terrors of the night.

(Song of Songs 3:7-8)

# Share words of blessing that the deceased might have heard many times in his life at joyous events.

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Yivarech'cha Adonai v'yeeshmarecha.

Adonai bless you and keep you.

יָאֵר יְיָ פָּנָיו אֵלֵיֶךּ וִיחַנֵּךְ.

Ya'er Adonai panav aylecha veechuneka.

Adonai enlighten you and be gracious unto you.

יִשָּׁא יִיָ פָּנָיו אֱלֵיךּ וְיָשֵׂם לְךְּ שָׁלוֹם.

Yeesa Adonai panav aylecha v'yasem l'cha shalom.

Adonai's Presence be with you and grant you *shalom*. (Numbers 6:24-26)

Imagine a world filled with God's presence.

ַגְלְכוּ יִוֹנְקוֹתָּיו, וִיתִי כַזַּיִת הוֹדְוֹ וְרֵיחַ לְוֹ כַּלְבָנְוֹן.

Yaylchu yon'kotav, v'hyee ch'za'yit hodo v'rayach lo kalvanon.

Israel's branches shall spread out, and like the olive tree will be his beauty; and his fragrance like Lebanon. (Hosea 14:7)

מִי־אַתְּהַ הַר־הַנָּדִוֹל לִפְנֵי זְרַבָּבֶּל לְמִישִׁרוּ וְהוֹצִיא אֵת־הָאֵבֵן הָרֹאשָׁה תִּשָּׁאות חֵן חֵן לָהִּי

Mee atah har-hagadol leefnay Z'rubavel l'meeshor! V'hotzee et-ha'even haroshah t'shu'ot, "Chayn! Chayn!" lah!

Who are you O mighty mountain in the path of Zerubabel, turn into level ground! He shall bring forth the cornerstone with shouts of "Grace! Grace!" (Zechariah 4:7)

ּוְעַתֶָּּה יִגְדַּל־נָאֻ כַּחַ אֲדֹנָיֻ כַּאֲשֶׁר דִּבַּרְתָּ לֵאמְר:

V'atah yeegdal-na ko'ach Adonai ka'asher deebarta laymor:

Now may Adonai's strength be displayed, just as you have declared: (Numbers 14:17)

"וְאוּלָםֻ חַי־אָגָי וְיִפָּלאַ כְבוֹד־יי אֶת־כָּל־הָאָרֶץ."

"V'ulam chai-anee v'yimalay ch'vod-Adonai et-chol-ha'aretz."

"But as truly as I live, the glory of Adonai fills the whole earth." (Numbers 14:21)

son of/ben and/v'

we ask your forgiveness if we did not act according to your honor, even though we acted according to our customs and with your honor in mind.

### **Escorting The Deceased**

May you be blessed and protected. May you be filled with light and grace, with sacred presence and peace.

> As we escort the deceased from the taharah room, we guide him feet first and share these words of the travels of the Holy Ark of ancient days (13th Century BCE).

U'veenso'a hameeshkan, yoreedu oto ha'l'vee'eem, u'v'hanot hameeshkan yakeemu, oto ha'l'vee'eem. V'hazar hakarayv yoo'mat. וּבִנְסַעַ הַמִּשְׁבָּׁן, יוֹרֵידוּ אתוֹ הַלְוִיּּם, וּבַחֲנת הַמִּשְׁבָּׁן יָקִימוּ, אתוֹ הַלְוִיּסֵ. וָהַזָּר הַקָּרָב יוּמָת.

Whenever the tabernacle is to move, the Levites are to take it down, and whenever the tabernacle is to be set up, the Levites shall do it.

Anyone else who approaches it is to be put to death. (Numbers 1:51)

Va'y'hee beenso'a ha'aron vayomer Moshe, "Kumah Adonai! V'yafootzoo oyvecha, v'yanoosuoo m'sanecha m'panecha."

וַיְתֶּי בִּנְסָעַ הָאָרֹן וַיַּאמֶר משֶׁה, "קוּמֲה יי! וְיָבֵּצוּ אִיְבֶּידּ, מְיָבֵסִוּ מְשַׂנְאֶידּ מִפְּנֶידּ."

Whenever the ark set out, Moses said, "Rise up, *Adonai*! May Your enemies be scattered, may Your foes flee before You." (Numbers 10:35)

Consider singing:

L'chee lach (f.) [or lech l'cha (m.)] to a land that I will show you.

Lech l'cha to a place you do not know

L'chee lach (f.) [or lech l'cha (m.)] on your journey I will bless you

And you shall be a blessing (3x) l'chee lach (f.) [or lech l'cha (m.)]!

L'cee lach (f.) [or lech l'cha (m.)] and I will make your name great Lech l'cha and all shall praise your name L'chee lach (f.) [or lech l'cha (m.)] to the place that I will show you L'simchat Chayim (3x) l'chi lach (f.) [or lech l'cha (m.)]!

Debbie Friedman

קא־תָאֵנֶּה אֵלֶיָדּ רָעֻה, וְנָגַע לא־יִקְרָב בְּאָהֶלֶדְ. כִּי מַלְאָכָיו יְצַנֶּה־לֶדְ לִשְׁמָרְדָּ בְּכָל־דְּרָכֶידְּ. עַל־כַּפַּיִם יִשָּׂאָוּנְדָּ פֶּן־תִּגְּף בָּאֵבן רַגְלֵדְ.

Lo-t'ooneh elecha ra'ah, v'nega lo yeekrav b'oholecha. Kee malachav yeetzaveh lach leeshmor'cha b'chol d'rachecha. Al kapayeem yeesa'ooncha pen teegoff ba'ehven raglecha.

No evil will befall you, nor will any plague come near your tent. For God command angels concerning you to guard you in all your ways. They will bear you up in their hands, that you do not strike your foot against a stone. (Psalms 91:10-12)

יי יִלְחֵם לְכֶחַ, וְאַתֶּם תַּחֲרִשְׁוּן.

Adonai yeelachem lachem, v'atem tachareeshoon.

Adonai will battle for you, you keep your peace. (Exodus 14:14)

### As we take leave of the deceased, we recite the following.

House of Israel, come let us walk in the light of *Adonai*. (Isaiah 2:5) The Rock of Israel has spoken and called the world into being, (II Samuel 23:3 - Among David's last words.) from the east where the sun rises to the place where it sets. (Isaiah 45:6) Peace shall come, and each of us shall rest in our appointed place. For dust we are, and unto dust we return. (Genesis 3:19)

יי נָתַּו וַיי לַקַח. יָהָי שֵׁם יי מְבֹרָך:

Adonai natan, v'Adonai lakach. Y'hee Shem Adonai m'vorach.

Adonai has given and Adonai has taken away. May the Name of Adonai be blessed. (Job 1:21)

Those in-person return to the taharah room to clean it and gather materials.

They then remove the PPE and wash appropriately.

Remote members wait patiently for them.

### **Closing Ritual**

We gather in a circle including those in-person and remote, take a deep breath and begin our reflection with these words.

מְקוֹר חַיֵּי הָעוֹלַמִים, חֲמוֹל עָלֵיְנוּ...

M'kor Chayay ha'Olameem, chamol aleynu  Source of Life for all Worlds, have compassion on us as we conclude this mitzvah of ultimate kindness for son of/ben and/v',
We are thankful for the strength and courage that it takes to perform this <i>mitzvah</i> .
We cherish the bond that brings us together in this sacred community.
Just as we offered blessings while preparing, so do we ask for blessings for us:
Bless us in our thoughts, words, dreams and visions. Bless us as we put our necks on the line for goodness. Bless us as we reach out to others in friendship, giving and receiving the gifts of our lives. Bless us with every breath, every heartbeat and every emotion. Bless us on our journeys. Bless us as we stand tall in the face of life's challenges.
Having performed this <i>mitzvah</i> for the deceased, we are now better prepared to live our lives committed to performing the <i>mitzvah</i> of 'love your neighbor as yourself'

Members are invited to share their own thoughts before we leave the circle.

The candles are extinguished.

with every living person we encounter.

Those in-person wash their hands one more time upon leaving the funeral home.

#### **APPENDIX**

Excerpted from: NCCK Considerations for Restarting In-person Taharot (by) NCCK Precautions and Modifications Subcommittee

#### 4/4/21 revision

# Suggested modifications to pre-COVID practice (based on a detailed review of both the Men's and Women's in-person team manuals)

One core principle that we recommend is to treat every mayt and maytah as though they are potentially infectious. This will necessitate some substantial changes to our practice, but will provide the most protection against transmission of all infectious agents including Coronavirus. A second core principle to keep in mind is that chevra members have the potential to infect each other. The following modifications to current practice will limit these risks:

- 1. Limit the size of tahara team to what is necessary to properly perform the *taharah*, recognizing that hybrid participation can be used as a means to achieve a larger team.
- 2. Use outside bathroom (instead of *taharah* room) for cleaning hands.
- 3. Don PPE outside the *taharah* room.
- 4. Whenever there are members participating remotely, those members should be chiefly responsible for doing the readings as called by the rosh/rosha. This will allow us to work without manuals in the *taharah* room.
- 5. If manuals are needed in the *taharah* room, we should minimize the use of manuals (which could transfer body fluids) by having only one person read; use paper once and then place the manual in the *aron* with the *mayt/maytah*. [NOTE: the women's hybrid manual directs the team not to have any paper manual in the *taharah* room; the virtual team will read the manual.]
- 6. During inspection of *mayt/maytah*, determine whether the body bag should be fully opened by assessing whether body fluids can be managed without requiring washing beyond use of the washing cloth.
- 7. Do not remove endotracheal (ET) tubes in mouth, nasogastric (NG) tubes in the nose, or chest tubes to avoid potentially aerosolizing pathogens.
- 8. Specifically avoid use of hoses or cups which may splash water.
- 9. Do not use packing in the rectum. Cotton may be applied to the outside or an adult diaper may be used instead.
- 10. Do not use a hose to wash fecal matter. (Note: We will add baby wipes to the taharah kit.) Use an adult diaper if the rectum cannot be adequately cleaned.
- 11. We should no longer change gloves during the *taharah* unless there is a specific reason and it is done using the same precautions used for doffing PPE.
- 12. Eliminate use of the planks by the men's team. (Note: the women's team discontinued using boards a number of years ago).
- 13. Use 3 watering cans to replace the 3 pails of 3 kavim of water.

  <a href="https://www.amazon.com/Union-63068-Watering-Design-gallon/dp/B00C2AMVSA/ref=s\_r\_1\_2?dchild=1&keywords=8+quart+watering+can&qid=1594944850&sr=8-2\_9 kavim is 24 quarts (6 gallons) so 3 2-gallon watering cans does the trick or we can get a 3-gallon version just to make sure we have enough if the can isn't entirely full.</a>
- 14. The closing circle for remarks and last prayer should be done <u>before</u> doffing PPE since members will be close to each other at this point. [NOTE: The women's hybrid manual directs the team to doff PPE inside and then complete the closing ritual outside and socially distanced with clean face masks on.]
- 15. One experienced person should be designated to help doff PPE. That person should take off their PPE last.
- 16. Members should wash hands and exit separately.